

LWAC 5k Series - 5k Race 4 Results - First 3 overall and veteran categories - 26.08.25

| <b>Female Overall</b> |             |               |                  |                 |                                  |
|-----------------------|-------------|---------------|------------------|-----------------|----------------------------------|
| <b>Position</b>       | <b>Time</b> | <b>Number</b> | <b>Firstname</b> | <b>Lastname</b> | <b>Running Club</b>              |
| 1                     | 17:23       | 1328          | Charlie          | Thornton        | Lincoln Wellington Athletic Club |
| 2                     | 18:23       | 1432          | Sophie           | George          | Lincoln Wellington Athletic Club |
| 3                     | 18:26       | 1363          | Keri             | Pearson         | City of Hull AC                  |

| <b>Female V40</b> |             |               |                  |                   |                                  |
|-------------------|-------------|---------------|------------------|-------------------|----------------------------------|
| <b>Position</b>   | <b>Time</b> | <b>Number</b> | <b>Firstname</b> | <b>Lastname</b>   | <b>Running Club</b>              |
| 1                 | 18:26       | 1363          | Keri             | Pearson           | City of Hull AC                  |
| 2                 | 19:38       | 1327          | Harriet          | Johnson           | Lincoln Wellington Athletic Club |
| 3                 | 21:12       | 1421          | Nicola           | Ruston-Litchfield | Grantham Running Club            |

| <b>Female V50</b> |             |               |                  |                 |                                  |
|-------------------|-------------|---------------|------------------|-----------------|----------------------------------|
| <b>Position</b>   | <b>Time</b> | <b>Number</b> | <b>Firstname</b> | <b>Lastname</b> | <b>Running Club</b>              |
| 1                 | 21:06       | 1346          | Catherine        | Payne           | Grantham Running Club            |
| 2                 | 22:39       | 996           | Sarah            | Edmond          | Lincoln Wellington Athletic Club |
| 3                 | 22:53       | 1427          | Anna-Marie       | Thompson        | Sleaford Striders AC             |

| <b>Male Overall</b> |             |               |                  |                 |                                  |
|---------------------|-------------|---------------|------------------|-----------------|----------------------------------|
| <b>Position</b>     | <b>Time</b> | <b>Number</b> | <b>Firstname</b> | <b>Lastname</b> | <b>Running Club</b>              |
| 1                   | 15:33       | 1348          | Callum           | Parkin          | Lincoln Wellington Athletic Club |
| 2                   | 15:46       | 1340          | Jake             | Richardson      | Grantham Running Club            |
| 3                   | 15:48       | 1369          | Henry            | Samkin          | Lincoln Wellington Athletic Club |

| <b>Male V40</b> |             |               |                  |                 |                            |
|-----------------|-------------|---------------|------------------|-----------------|----------------------------|
| <b>Position</b> | <b>Time</b> | <b>Number</b> | <b>Firstname</b> | <b>Lastname</b> | <b>Running Club</b>        |
| 1               | 16:31       | 1366          | Andrew           | Weaver          | Off that couch fitness     |
| 2               | 16:39       | 1372          | Tom              | Hansen          | Lincoln & District Runners |
| 3               | 17:16       | 1360          | David            | Robinson        | Winterton Running Club     |

| <b>Male V50</b> |             |               |                  |                 |                                    |
|-----------------|-------------|---------------|------------------|-----------------|------------------------------------|
| <b>Position</b> | <b>Time</b> | <b>Number</b> | <b>Firstname</b> | <b>Lastname</b> | <b>Running Club</b>                |
| 1               | 17:21       | 1383          | Lewis            | Hopkinson       | Lonely Goat RC                     |
| 2               | 18:39       | 1388          | Nick             | Stonehewer      | Scunthorpe & District Running Club |
| 3               | 19:34       | 1339          | Jim              | Smith           |                                    |

| <b>Male V60</b> |             |               |                  |                 |                                  |
|-----------------|-------------|---------------|------------------|-----------------|----------------------------------|
| <b>Position</b> | <b>Time</b> | <b>Number</b> | <b>Firstname</b> | <b>Lastname</b> | <b>Running Club</b>              |
| 1               | 19:36       | 1333          | Peter            | Duncan          | Lincoln Wellington Athletic Club |
| 2               | 20:02       | 1433          | Steven           | Roberts         | Boston Triathlon Club            |
| 3               | 20:48       | 1382          | Michael          | Ramsden         | Lincoln Wellington Athletic Club |